



REGENERATION, P.C.

Skin Pen Pre-Treatment and Post Treatment Instructions

Pre-Treatment Precautions

1. Avoid sun exposure/burns 24 hours prior to treatment
2. Discontinue use of retinoids 12 hours prior to treatment
3. Reschedule appointment if you are having active breakouts or open lesions
4. Allow at least 12 hours after autoimmune therapies before treatment
5. Wait six months following isotretinoin or Accutane use
6. Fitz IV-VI, pigment may darken prior to lightening

Post-Treatment Instructions

1. Do not apply anything besides *Lift & Rescue* HydraMax serum the rest of the day/night
2. Do not wash your face the night of the treatment
3. Avoid sweaty exercise and sun exposure between days 1 and 3

Days 2 and 3

1. Cleanse: Use a gentle cleanser
2. Restore: Apply *Lift & Rescue* HydraMax Replenishing Serum over entire treatment area to reduce inflammation and hydrate the skin
3. Protect: Apply SPF 30 Sunscreen daily
4. You may also wear makeup

If you have questions or concerns please call us at 402-483-0431