



REGENERATION, P.C.

Pelleting Procedure and Post Treatment

Wanted to take a moment to inform you of our process for your pelleting procedure:

Before your Appointment

- Pellets are ordered on an individual basis based off each client's lab results to insure proper dosing.
- We will order pellets and have them delivered to the office. Once we have received your order we will call to schedule your appointment.
- Pellet orders take approximately 5 business days to be delivered to our office.
 - Please plan your appointment time accordingly.
- Please notify us of any allergies or bleeding problems prior to procedure.

After Pelleting

- Females will be charged \$350 and Males \$700 for pelleting services.
 - Full payment must be received at the time of service.
- A billing sheet displaying your charges and payment information will be provided to my billing specialist, Deb at Medical Billing Associates.
 - She will mail you a walk-out receipt reflecting that information.
- Please sign the walk-out receipt and mail it to your insurance company.
- If they choose to pay for any portion of the procedure, the check will be sent directly to you.

Post Pelleting Treatment Restrictions

- You may apply ice to the area for 1-2 hours following the procedure.
- No vigorous physical activity for 48-72 hours
- Showering is okay after 24 hours
- Remove original dressing after 48-72 hours
- Apply a dry dressing during the day to protect incision. After the first 24 hours, leave incision open to air at night.
- Follow up labs within 6-8 weeks to make sure your body is properly absorbing the pellets

Pelleting is a GREAT option for Hormone Replacement. Current implants are standardized and release hormones at a very consistent rate. The procedure takes minutes and is virtually pain free. Antibiotics can be given before and up to 24 hours following the procedure to prevent infection. Complications are rare and include extrusion of pellet, bleeding, and infection. Temporary skin discoloration is common. Pellets are not removed and wear off on their own. The pellets will deliver hormones for 3-6 months depending on the patient.

If you are experiencing any reactions or have any questions please contact our office at (402) 483-0431