



REGENERATION, P.C.

BOTOX® POST TREATMENT INSTRUCTIONS

- Immediately after the treatment, the most commonly reported side effects are temporary redness and swelling at the injection site. These effects typically resolve within two to three days. Cold compresses may be used immediately after treatment to reduce swelling. If the inconvenience continues beyond two to three days or if there are any other questions or concerns, please contact Apex Aesthetics.
- Avoid touching the treated area during the first six hours immediately after treatment. Following the six hour window, the area can be gently washed with soap and water.
- Do not lie down flat for the first two hours after treatment
- Until initial redness and swelling have resolved, avoid exposure of the treated area to intense heat. (Including sun exposure, tanning beds, heating pads, etc.)
- If you have previously suffered from facial cold sores (fever blisters), there is a risk that the needle puncture could contribute to another recurrence.
- Avoid taking aspirin, ibuprofen (Including other non-steroidal anti-inflammatory medications), St. John's Wort and high doses of Vitamin E for one week post-treatment. These agents/pharmaceuticals may increase bruising and bleeding at the injection site.
- Alcohol can also increase bleeding and bruising pre and post treatment.
- Avoid any strenuous exercise for six hours post-treatment.

Evidence shows that having a follow-up treatment before the product has fully dissipated will enhance the lasting effect of the product.

Refinements are often necessary due to the variability from patient to patient. Please allow 2 full weeks to pass for maximum results of the product before following up for refinement. Please call us to schedule refinement if necessary.